

REIKI ATTUNEMENTS

LEVELS 1 & 2



WITH REIKI MASTER &
TEACHER ALICE JACKSON

WELCOME

I'm delighted you're interested in learning more about Reiki.

I believe that when you feel the call to explore this energetic healing you are already starting a relationship with it.

Often this can feel like a strong desire to discover more. Perhaps you're someone who feels energetically in tune with the world and other people. Maybe you've always been curious about what Reiki is and how it works.

Having an open heart and mind will serve you well on this journey. Reiki allows us to connect with the Universal consciousness and abundance and it's a beautiful relationship to open yourself to.

ABOUT YOUR REIKI MASTER & TEACHER



Alice is a Reiki Master & Teacher with nine years experience working with Reiki energy following the Mikao Usui lineage. She has a successful practice in Barcelona offering Reiki healing sessions.

She studied Reiki level 1 with Michael Kaufmann in 2016 and Reiki level 2 with Carly Grace in 2017. Wanting to explore new depths of Reiki energy she undertook the Shamanic Reiki Master & Teacher level with Devi Ma in 2019.

Alice is an experienced yoga teacher and most recently became a breathwork facilitator. It's a pleasure and honour to be able to hold Reiki attunements for those who feel the calling to work with Reiki energy.

LEVEL ONE

Level one is the beginner's introduction to Reiki.

The one day course includes:

- What Reiki is
- The history of Dr. Mikao Usui and the Reiki lineage you'll be learning from
- Reiki principles
- The chakra system
- Chakra meditation
- Guidelines and practical demonstrations of how to do Reiki self-healing and on friends & family
- Benefits of Reiki
- Energetic protection

You will receive

- A Reiki one attunement, opening your channel to Reiki healing
- A study manual
- Certification in Reiki 1
- Life-time support from me

LEVEL ONE

One day course

Timing - 10:30am-5.30pm

Date - To be confirmed

Location - My Reiki studio, Taradell, 08552

Investment - 160€

If Reiki one & two are bought together the total cost will be 320€.

LEVEL TWO

Level two is the professional level of Reiki healing.

The one day course includes:

- The ethics of sharing Reiki
- Learning three new sacred symbols and how to use them in sessions
- Learning how to give distance Reiki healing sessions
- Practical sessions with your Reiki Master
- Guidelines on how to open your professional practice; ethics, how to advertise, follow-ups, running a business, hiring spaces to give treatments
- Guidelines for creating a harmonic space for giving professional sessions

You will receive

- A Reiki two attunement, opening your channel to higher levels of Reiki healing
- A study manual
- Certification in Reiki two
- Life-time support from me

LEVEL TWO

One day course

Timing - 10:30am-5.30pm

Date - To be confirmed

Location - My Reiki studio, Taradell, 08552

Investment - 200€

You must have your Reiki level one certification to take this course.

If Reiki one & two are bought together the total cost will be 320€.

AVAILABLE DATES

These dates are available & subject to demand from interested students for levels one and two

Timing 10:30am-5:30pm

Saturday 9th March

Friday 15th March

Monday 18th March (10am-5pm)

Friday 29th March

Saturday 13th April

Sunday 14th April

Sat 20th April

Sunday 21st April

Saturday 27th April

Sunday 28th April